

The Circus of Life

Certified Ringmaster Licensee Programme

An Introduction from Rachel Munns

Hi, I'm Rachel and I am very proud to be the Founder and Principal of Resilient Me. My journey towards setting up this company began around twenty years ago when I lost my mum, then my husband and, more recently, my eldest son. I don't mean that they died; instead I lost them to depression and anxiety brought on by an overload of stress.



Each of these people I love could have avoided these difficulties if only we had known how to spot the signs of declining mental health and, more importantly, how to keep ourselves mentally fit and healthy.

So, I have made it my mission to spread awareness of mental health issues and to provide a unique system that can be used by anyone – from children to chief executives – to build and maintain positive mental health.

Well-known businesses such as Suzuki, Kier, Toyota, Hillary's and more have already bought into this system, with many stating that it is the best personal development course they have ever attended.

So, if you are serious about making a difference – and you want to enjoy the personal and financial rewards of doing so – please read on to find out how you can become a certified Circus of Life Ringmaster.

Rachel

Become a Circus of Life Ringmaster and you will:

- Be certified to facilitate the Circus of Life – Mental Health Awareness and Resilience programme for individuals and groups of people from both the business world and the general public
- Access an established programme with a proven track record and history of success
- Keep all profits generated by your presentations
- Join a community of like-minded individuals, all helping each other and all dedicated to making a difference in the world
- Have access to marketing materials, promotional tools, manuals, delegate resources, PowerPoint presentations and more
- Enjoy reduced rates on all Circus of Life products (which you can sell and earn additional income)

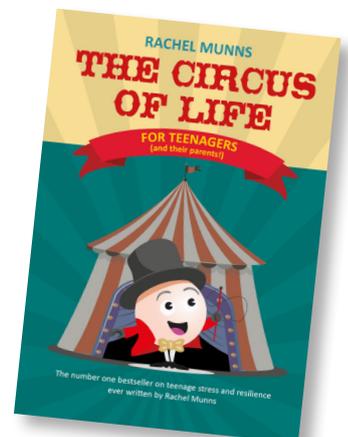
"In over 40 years of working and so many courses attended, this was the most informative, understandable, honest and enlightening thing I have ever been to."

John Douglas, Warranty Manager, Suzuki

Who are we looking for?

Based at home with your own transport and willingness to travel, you will be self-motivated and confident in developing your own business opportunities. As an approved licensee, you will have freedom to determine how much time and effort to put in to realise full potential. With as many as one in four people having been diagnosed with a common mental disorder, the scale of the issues is such that organisations are increasingly under pressure to put appropriate measures in place to support their personnel.

You will undergo comprehensive training with the personal support of Rachel and her team, and you should have at least one year's experience in delivering adult group training, with a sound knowledge of related considerations. Take a look around the website and Rachels' LinkedIn and Facebook posts. If you would like to know more about this opportunity, see overleaf for the fine detail and get in touch today!



What is the Circus of Life Ringmaster programme?

To become a Certified Circus of Life - Ringmaster, you will need to attend one of our Licensee Programmes.

These four-day training events will inspire, educate and equip you to deliver our Circus of Life – Mental Health Awareness and Resilience Workshops to businesses and to individuals creating exciting opportunities to shape your own work/life balance and to make a difference to others in all walks of life.

The Licensee Programme is in five modules:

- 1: What is Stress and how can it lead to physical/mental illness
- 2: Mental Health Awareness
- 3: Company Culture and Disclosure
- 4: Building Resilience & Personal Growth
- 5: Wellbeing

Each licensee programme is run by Rachel herself using a combination of different learning techniques including presentations, how-to demonstrations, role play and group work. On day 1 of the training you get to experience the workshop for yourself followed by three days of learning and embedding the knowledge. There is always plenty of opportunity to ask questions or discuss your thoughts.

At the end of the Licensee training you will be able to deliver our flagship Circus of Life – Mental Health Awareness & Resilience Workshop in a number of different formats:

- One day Management workshop
- One day Staff workshop
- Half day Staff workshop
- Open workshops for individuals
- Half day follow-up workshop (staff and management)



Licensees will be able to:

- PRESENT taster sessions
- TRAIN managers, employees, individuals
- FACILITATE progress reviews
- UTILISE comprehensive resources
- ACCESS ongoing support
- DEVELOP supplemental income alongside existing interests, or
- BUILD a significant core business

Key facts

- Non-exclusive licence permits you to source and secure clientele anywhere in the UK
- You have freedom to develop your activity in a self-employed capacity
- Deliver client-hosted half-day/1-day courses
- E-learning in development (to diversify income)
- 4-day induction: 09:30-16:30 (optional venues)

Benefits

Acquire the knowledge, skills, and practical tools to deliver highly rated, evidence-based content

Gain satisfaction from making a positive difference in the workplace that could save lives

Peace of mind from our commitment to support you

Opportunity to influence your earning potential

Who should apply?

Essential:

- At least one year's experience in providing adult group training
- Car owner willing to travel

Desirable: Self-starter with aptitude for business development

- Valid Disclosure Certificate
- Membership of a professional body e.g. training, healthcare-related, etc.
- Lived experience of mental health issues

Investment

Full Certification £1750+VAT (payment plan option)

All learning resources included

2-yr CPD renewal (updated materials) £250+VAT

Expression of Interest

If you are excited about the opportunity of becoming a Circus of Life Ringmaster, we'd love to hear from you!

Please contact:

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